



Willows
Counselling Service

Charity Number: 1185304

SAT 3RD OCT 2020

THE BENEFITS OF WORKING CREATIVELY IN THERAPY

Speaker: Pauline Andrew

Pauline holds an MA in Counselling & Psychotherapy and a Diploma in Supervision. She is the Managing Director of Barnabas Counselling Training as well as Director of Deep Release and teaches a wide range of professional development training courses around the UK.

She has a small private counselling and supervision practice in Essex and has a special interest in working creatively in counselling.

About the day:

This workshop will be an experiential day which gives delegates the chance to explore the power of creative interventions in therapy.

Having personally experienced working with nesting dolls, art work, clay, figures and symbols, you will be more equipped to use these in client work, discovering the enormous power these interventions have in touching unconscious material. The day will also include exploration of the impact on the counselling relationship of working creatively, and ethical considerations.

*Please bring with you a set of coloured pens or crayons, and also be prepared to fully enter into the day as an active participant, bearing in mind that creative work can be very triggering.



Cost: £45.00

Inc refreshments
(Please bring your own lunch)

5 hours CPD

Time: 10am – 4pm

(Registration and coffee from
9.30am)

Book: online at

www.willowscounselling.org.uk

**LOCATION:
WILLOWS
COUNSELLING**

11 Prospect Place
Swindon, SN1 3LQ

01793 426650

training@willowscounselling.org.uk

*limited parking available

Alternate parking available in
adjacent pay & display carpark