



Willows Counselling Service

Level 5 Diploma in Trauma Counselling

**A unique combination of Theory,
Skills Practice and Personal Development
Accredited by CPCAB**

January - December 2020
(Ten Fridays and Saturdays)

Cost £1950

Venue

The Willows Centre, 11 Prospect Place,
Swindon, SN1 3LQ

CONTACT US

training@willowscounselling.org.uk | 01793-426650
www.willowscounselling.org.uk | UK Charity 1185304



Counselling & Psychotherapy
Central Awarding Body

Why train with Willows?

- We have 30 years' experience of providing high quality counselling training and are well respected in our field.
- We believe that our approach to training sets us apart from other course providers. We are truly committed to the personal, professional and emotional development of our students and to nurturing their unique qualities and attributes.
- As an active Counselling Agency, we offer a unique training experience where students are exposed to the workings of an agency. Students are eligible to apply to the clinical arm of the agency for student placements. Placements are not guaranteed and are dealt with separately to the training.
- Willows is renowned for our long history of knowledge, experience and research in the field of trauma.
- Many of our students are eligible to apply for an NUS Totum / Totum Pro student discount card.

Willows Counselling and Training Approach

The Willows approach to counselling and training is rooted in an Integrative Model, which is client centred and can be described as:

- Person-centred
- Drawing on psychodynamic insights
- Using both cognitive-behavioural and creative methods
- Recognising a transpersonal world-view that is Christian
- Is informed by developmental theory
- Holds a holistic view of human functioning

Course Overview

The course approach combines theoretical study. Practical skills training, self-awareness and personal development work.

This course has been designed to equip counsellors to recognise, assess and work with trauma more effectively in their clinical practice, including single, complex and developmental trauma, and the effect of attachment injury. Students will be taught a range of trauma theory and associated skills based on the Three Phase Trauma Model. The course will provide opportunities to learn and develop skills using an integrative model of trauma, including working somatically and with dissociation.

Additional themes covered in the course will be; somatic work, neurobiology, attachment theory, flashbacks, dissociation, symptom reduction, shame, diversity, risk, rupture & repair, supervision, resilience and self-care.

What does the course involve?

- Attending the training session each month
- Maintaining a reflective journal of progress and self-awareness
- Attending termly tutorials with a personal tutor
- Completing a range of assignments including a case presentation, case study and an essay.
- Reading the book/s from the required reading list
- Completion of a portfolio of written work
- Completion of a minimum of 50 hrs of supervised clinical practice with trauma clients.
- Completion of 10 hours of personal counselling

**The course will require an additional time commitment for study, reading, research and written work in addition to attending the training session each week.*

What qualifications are needed, and how do I apply?

- Prior completion of a recognised Level 4 Counselling Diploma course or higher (with a min 420 guided learning hours (GLH))
- Evidence of at least 200 hours supervised practice **post-Diploma**
- Currently in clinical practice
- Full completion of the course application form (available on request)
- Write a pre-course essay on your clinical experience and your motivation for applying for this course. (approx. 1000 words)
- You will be invited to attend a pre course interview

Upon formally being offered a place on the course, **offers should be accepted in writing within 7 days, along with payment of either the full course fee or a deposit of £650.** Should you wish to pay in instalments, the remaining fee of £1300 should be paid in 10x monthly payments of £130 on the 1st of each month from Jan – Oct.

Upon accepting a place, students are committing to paying the full course fee, regardless of whether they finish the course.

Specific Course Dates

Jan 10/11th Feb 14/15th Mar 13/14th

May 8/9th Jun 12/13th Jul 10/11th Sept 11/12th

Oct 9/10th Nov 13/14th Dec 11/12th

A minimum of 80% attendance will be required for successful completion.

For an application form and further information please contact:

Denise Brent, Training Manager

01793 426650 | training@willowscounselling.org.uk

www.willowscounselling.org.uk